

Directions from Birmingham, Columbia, Franklin:

- Take I-65 North and merge onto I-40 West (do not use 440 West towards Memphis)
- Continue on I-40 and take exit 209, Church St, Charlotte Avenue
- Turn left on Charlotte Avenue
- Follow Charlotte Avenue to 23rd Avenue North and Turn Left (approx. 1 mile)
- Take 23rd to 3 way stop, just under the 2nd walkway connector
- Turn Right under the 2nd walkway connector and into the parking garage
- Enter the parking garage on the left side (labeled parking for doctors' offices)
- Park in RED section, take elevators to 2nd floor, suite 201

Other parking options:

- Follow 23rd Avenue thru the stop sign and turn right onto Patterson Street
 - Once on Patterson Street, there is street parking on both sides, or
 - Take first left turn into an open parking area, free for patients, or
 - Take second right turn onto Leslie Avenue and turn right into our building for free valet parking, or
 - After turning onto Leslie Avenue, take first left turn into a second open parking area across from our building

Directions from Knoxville, Cookeville, Lebanon:

- Take I-40 West, merge onto I-24/40 West (do not take 440 West to Memphis)
- Continue on I-40 West towards Memphis
- Stay on I-40 West to exit 209, Church St, Charlotte Avenue
- Turn left on Charlotte Avenue
- Follow Charlotte Avenue to 23rd Avenue North and Turn Left (approx. 1 mile)
- Take 23rd to 3 way stop, just under the 2nd walkway connector
- Turn Right under the 2nd walkway connector and into the parking garage
- Enter the parking garage on the left side (labeled parking for doctors' offices)
- Park in RED section, take elevators to 2nd floor, suite 201

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 - Take second right turn onto Leslie Avenue and turn right into our building for free valet parking, or
 - After turning onto Leslie Avenue, take first left turn into a second open parking area across from our building

Directions from Memphis, Dickson:

- Take I-40 East to exit 209, Church St, Charlotte Avenue
- Turn right onto Charlotte Avenue
- Follow Charlotte Avenue to 23rd Avenue North and Turn Left (approx. 1 mile)
- Take 23rd to 3 way stop, just under the 2nd walkway connector
- Turn Right under the 2nd walkway connector and into the parking garage
- Enter the parking garage on the left side (labeled parking for doctors' offices)
- Park in RED section, take elevators to 2nd floor, suite 201

Other parking options:

- Follow 23rd Avenue thru the stop sign and turn right onto Patterson Street
 - Once on Patterson Street, there is street parking on both sides, or
 - Take first left turn into an open parking area, free for patients, or
 - Take second right turn onto Leslie Avenue and turn right into our building for free valet parking, or
 - After turning onto Leslie Avenue, take first left turn into a second open parking area across from our building

Directions from Clarksville:

- Take I-24 East
- Continue on I-24 East/I-65 South towards Huntsville/Knoxville
- Merge onto I-40 East/I-65 South
- Take exit 209 to Church St/Charlotte Avenue
- Turn Right on Charlotte Avenue
- Follow Charlotte Avenue to 23rd Avenue North and Turn Left (approx. 1 mile)
- Take 23rd to 3 way stop, just under the 2nd walkway connector
- Turn Right under the 2nd walkway connector and into the parking garage
- Enter the parking garage on the left side (labeled parking for doctors' offices)
- Park in RED section, take elevators to 2nd floor, suite 201

Other parking options:

- Follow 23rd Avenue thru the stop sign and turn right onto Patterson Street
 - Once on Patterson Street, there is street parking on both sides, or
 - Take first left turn into an open parking area, free for patients, or
 - Take second right turn onto Leslie Avenue and turn right into our building for free valet parking, or
 - After turning onto Leslie Avenue, take first left turn into a second open parking area across from our building

Directions from Murfreesboro, Smyrna, La Vergne:

- Take I-24 West and merge onto I-40/I-24 West
- Continue onto I-40 West and take exit 209, Church St, Charlotte Avenue
- Turn left onto Charlotte Avenue
- Follow Charlotte Avenue to 23rd Avenue North and Turn Left (approx. 1 mile)
- Take 23rd to 3 way stop, just under the 2nd walkway connector
- Turn Right under the 2nd walkway connector and into the parking garage
- Enter the parking garage on the left side (labeled parking for doctors' offices)
- Park in RED section, take elevators to 2nd floor, suite 201

Other parking options:

- Follow 23rd Avenue thru the stop sign and turn right onto Patterson Street
 - Once on Patterson Street, there is street parking on both sides, or
 - Take first left turn into an open parking area, free for patients, or
 - Take second right turn onto Leslie Avenue and turn right into our building for free valet parking, or
 - After turning onto Leslie Avenue, take first left turn into a second open parking area across from our building